



# CENTRAL OREGON CHAPTER OF THE OREGON NORDIC CLUB

## Membership Application 2010

### The Central Oregon Nordic Club:

- Is a year-round club that offers outdoor activities for all seasons.
- Provides opportunities to meet other cross-country skiers, snowshoers, and hikers - and to make new friends.
- Organizes cross-country skiing, snow shoeing, and hiking trips on a weekly basis.
- Offers overnight cross-country skiing and hiking trips in Oregon and beyond.
- Maintains cross-country ski trails and shelters in Central Oregon, stocks local ski shelters with firewood, and works in partnership with the Forest Service to provide ski-trail maps available at the trailheads.
- Supports youth ski programs in Bend (High School and Bend Parks and Recreation).
- Belongs to a state-wide organization with chapters in Bend, Prineville, Salem, La Grande, Ashland, Grants Pass, Portland, Teacup (Mt. Hood), Klamath Falls, and The Dalles.

### Dues Schedule:

Memberships are renewable by December 31st of each year. Dues are \$25 per year for families and individuals. The normal enrollment period is September through December. For new members joining in April through August, the dues are prorated to \$15. All non-renewed memberships lapse on December 31st.

### To Join:

Please fill out this form and send to: **Central Oregon Nordic Club, PO Box 744, Bend, OR 97709.**  
Make checks payable to **CONC**. For more information, call 1-541-382-8023.

### Website:

Please visit the Club's website at <http://conc.freehosting.net> for more information about the club and to view issues of the Club's newsletter. Visit the website's <http://conc.freehosting.net/activities.htm> page to explore volunteer opportunities with the club.

### CENTRAL OREGON NORDIC CLUB

PO Box 744, Bend, OR 97709

Membership dues are **\$25.00** per year

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
 Email Address \_\_\_\_\_ Date \_\_\_\_\_

I would like to receive the Club's newsletter via:     Regular Mail                       Email/Web Site (Saves CONC money)

I am interested in the following club activities (Please check as many as you would like):

- X-Country skiing               Snow shoeing               Hiking               Backpacking

I am interested in volunteering for (Please check as many as you would like):

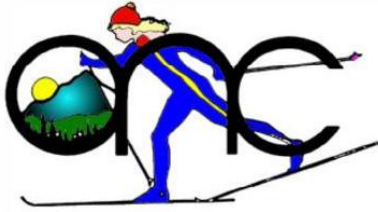
- Leading trips                       Trail/shelter maintenance                       Ski Swap  
 John Craig Race                       Helping with youth programs                       Forest Service Liaison  
 Meeting preparation                       Other \_\_\_\_\_

**Privacy Policy** The club will not give any information about you to anyone other than club members. Information is shared to help members find people with similar interests.

**BE SURE TO SIGN THE WAIVER ON REVERSE SIDE**

CENTRAL OREGON NORDIC CLUB  
PO BOX 744  
BEND, OREGON 97709-0744

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**Name of Participant:** \_\_\_\_\_

**Name of Event/s: Any Oregon Nordic Club Activity in 2010**

**THIS IS A LIABILITY RELEASE. PLEASE READ CAREFULLY BEFORE SIGNING.**

I acknowledge that ORS §30.975 provides that an individual who engages in the sport of skiing, alpine or Nordic, accepts and assumes the inherent risks of skiing insofar as they are reasonably obvious, expected, or necessary. Inherent risks of skiing include, but are not limited to, those dangers or conditions which are an integral part of the sport, such as changing weather conditions, variations or steepness in terrain, snow or ice conditions, surface or subsurface conditions, bare spots, creeks and gullies, forest growth, rocks, stumps, lift towers and other structures and their components, collisions with other skiers, and a skier's failure to ski with the skier's own ability. I am aware that hiking, skiing, and related activities are potentially hazardous activities that include certain risks and dangers, and I have made a voluntary choice to participate in these activities despite the risks that they represent. In consideration of my being permitted to participate in the club activities named above, I agree to ASSUME ANY AND ALL RISKS OF INJURY OR DEATH, which might be associated with or result from my participation in these events.

**Initial Here:**

I further agree to RELEASE FROM LIABILITY and to INDEMNIFY AND HOLD HARMLESS the organizers and sponsors of the hiking and skiing event/s, the Oregon Nordic Club, and their owners, agents, landowners, affiliated companies and employees for any damage, injury, or death to myself or to any person or property from any activities connected with my participation or practice for or my participation in these events.

**Initial Here:**

I, the undersigned, have carefully read and understood this agreement and all of its terms. I understand that this is a RELEASE OF LIABILITY which will LEGALLY PREVENT me or any other person from filing suit or making any other legal claim (including any claim based on negligence) for damages in the event of my death or any injury to me. I nevertheless enter this agreement freely and voluntarily and agree that it is binding upon me, my heirs, assigns, and legal representatives.

**Initial Here:**

If I am **SIGNING ON BEHALF OF A MINOR** (18 and under) I accept full responsibility for all medical expenses incurred as a result of the minor's participation in Oregon Nordic Club sponsored events. I also agree to Release, Hold Harmless and Indemnify the Oregon Nordic Club for any claims brought by the minor.

**Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Guardian Initial Here:**

**Guardian Signature (if minor):** \_\_\_\_\_ **Date:** \_\_\_\_\_