

# ONC Portland Chapter (ONC-PDX) Membership Form

Mail this form and your check (payable to **ONC Portland Chapter**) to: **ONC-PDX, P.O. Box 3906, Portland, OR 97208-3906**

Renewal **Annual renewal date: Sept. 1**  Single (\$27)  Family (\$33)  Paid by Paypal

New members joining between April and August will have a due date of September the following year!

The newsletter is sent by email. Want a paper newsletter? Check here:

For official membership use only:	
\$ _____	Check # _____
<input type="checkbox"/> Cash	<input type="checkbox"/> Paypal

Name: (last) \_\_\_\_\_ (first) \_\_\_\_\_ age \_\_\_\_\_

Name: (last) \_\_\_\_\_ (first) \_\_\_\_\_ age \_\_\_\_\_

Name: (last) \_\_\_\_\_ (first) \_\_\_\_\_ age \_\_\_\_\_

Name: (last) \_\_\_\_\_ (first) \_\_\_\_\_ age \_\_\_\_\_

**Renewing members:** fill out contact info only if it has changed. Need more room? Please attach another form.

Street / mailing address \_\_\_\_\_ Apt/unit \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ - \_\_\_\_\_

Phone Hm \_\_\_\_\_ / \_\_\_\_\_ - \_\_\_\_\_ Cell \_\_\_\_\_ / \_\_\_\_\_ - \_\_\_\_\_

E-mail(s) (print clearly) \_\_\_\_\_

How did you hear about the Oregon Nordic Club? \_\_\_\_\_

**Privacy policy:** ONC will not give any info about you to anyone other than club members. Info is shared to help members find people with similar interests.

**Interested in volunteering? Please check as many as you would like:**

- |  |  |  |   |  |
|--|--|--|---|--|
| <input type="checkbox"/> Family activities | <input type="checkbox"/> Monthly program/event       | <input type="checkbox"/> Trail maintenance | <input type="checkbox"/> Ski instruction        | <input type="checkbox"/> Newsletter    |
| <input type="checkbox"/> Website           | <input type="checkbox"/> Publicity/social networking | <input type="checkbox"/> Overnight trips   | <input type="checkbox"/> Tilly Jane/ski shelter | <input type="checkbox"/> Nordic issues |
| <input type="checkbox"/> Annual ski fair   | <input type="checkbox"/> Day tours                   | <input type="checkbox"/> Membership        | <input type="checkbox"/> Volunteer recruitment  |  |

**Check activities of interest and if you are willing to lead or co-lead (new to leading? Contact trip/tour coordinators):**

Activity	Tour ratings (see day tours' policies for descriptions)				Trip leadership	
	Novice	Easy	Intermediate	Advanced	Lead tour/trip	Co-lead tour/trip
Cross-country ski tour	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Backcountry/telemark	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Snowshoe	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bike	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hike	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Camp/backpack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overnight ski trip	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Assumption of Risk and Liability Waiver

Outdoor adventures by their very nature are inherently dangerous and involve risks, including the risks of serious injury or death. I understand that participating in ONC's activities may expose me to certain risks and dangers including, but not limited to, the hazards of mountainous, aquatic and wilderness terrain, accidents, and forces of nature. I assert that my participation in ONC's activities is voluntary and that I assume all such risks. I understand that it is not possible to foresee all hazards of outdoor activities and that there may not be rescue or medical facilities necessary to treat injuries. In consideration of my being permitted to participate in ONC activities, I do hereby assume all the risks inherent in these activities, and agree to hold ONC, its officers, tour leaders, assistant leaders, instructors and members harmless from and against any and all liability for any reason, including but not limited to negligence.

By signing this Waiver and Release, I acknowledge that I have read and understand its entire content and agree to all its terms, and intend it to be a complete and unconditional release of all liability. I acknowledge and understand that this Waiver and Release legally prevents me, my heirs, assigns, or legal representatives from filing suit for damages resulting from injury, death, or any other reasons, against ONC, its officers, tour leaders, assistant leaders, instructors and members. If I am signing on behalf of a minor under age 18, I accept full responsibility for any and all damages incurred from that minor's participation in ONC activities.

**I have read and understand the above statements concerning the Oregon Nordic Club's programs.**

Each single member and family (household) member must sign. Parents or guardians please sign this form for members under 18 years of age.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_